



Breakfast Menu (Served all day) Takeaway available

Breakfast Soft Brown or White Roll (Egg, Bacon, Sausage, Mushroom).	B only if you opt for a brown roll.	Please ask for fat removed from bacon. Lean meat only.	One filling £2.90 Extra items 60p per portion
Light Breakfast Inc. Bacon, Sausage, Beans, Eggs, Tomato, Mushroom and a slice of homemade wholemeal toast.	B only if you opt for Brown Bread. 0.5 Saints.	Butter served on the side. We only use low fat sausages and lean bacon.	£5.50 includes hot drink
2 Slices of Toast. Homemade Wholemeal. Beans on Toast. Egg on Toast. (Scrambled/Fried).	B only if you opt for Brown Bread. Butter is 2 Sinners.	Sugar Free Jam and Marmalade available on request.	£1.80 with jam or butter. £2.90 with beans or egg.
Omelette Plain, Cheese and Ham, Mushroom.	Made for Saints.	Served with or without Salad.	Plain £3.50 Extra Fillings 60p per portion.
Dippy Boiled Egg and Soldiers.	B if you opt for Brown Bread	Please ask if you would like butter on your soldiers.	1 Egg £3.00 2 Eggs £3.50
Stacked Oatie Pancakes	B only & 1* Saintly skinny syrup	Served with berries and skinny syrup	£3.50





Lite Bites (Served from 11.30am) Takeaway available

Soup of the Day. Made fresh daily using local produce.	A speedy option for a Saint.	Served with homemade wholemeal bread.	£2.95
Create your own wrap (Cheese, Ham or Tuna) Add Salad for 20p extra.	B only. You can request the wrap to be toasted.	We use WW wraps. Tuna Mayo is made for Saints using low fat ingredients.	One filling £3.50 Extra fillings 60p each
Toasties. (Ham, Cheese, Mushroom, beans, Tuna, bacon & tomato).	Made using our homemade wholemeal bread.	Cheese is 30% less fat. You can opt for white bread.	One filling £3.50 Extra fillings 60p each
Freshly made salad. (Takeaway boxes available). Ham, Tuna or Cheese.	We use our own low fat dressing on salads.	30% less fat cheese used. Homemade coleslaw can be added for 60p extra.	£3.50 60p extra for additional fillings each
Jacket Potatoes. (Takeaway boxes available). (Plain, Tuna, Cheese & Beans).	Made for Saints.	Served with Salad. Please ask for butter. Homemade coleslaw can be added for 60p extra.	Plain £2.95 One filling £3.75 Extra fillings 60p each
Slimmer's Afternoon Tea.* Includes a range of cakes, fresh fruit, sausage rolls, scotch eggs and open sandwiches. <small>*Please book in advance for the Afternoon Tea Call 07912789745 or 01673843949</small>	A&B are used. Maximum of 10* Sinners in total for one person	Served with butter, top cream and additional jam. We use our homemade wholemeal bread for the sandwiches.	For 1 £7.95 To share £13.95 Includes a hot drink





Classics (Served from 12pm)

Campfire Stew Veggie option available (A hearty meaty Texan BBQ stew)	Made for Saints.	Served with Rice or Jacket Potato & Side Salad	£5.65
Hunters Chicken (Chicken roasted in a BBQ style sauce with peppers)	Made for Saints. This meal can be topped with bacon and cheese at your request.	Served with Rice or Jacket Potato & Side Salad	£5.65
Diet Cola Chicken (Sweet Chinese style sauce with stir fry vegetables and soy sauce)	Made for Saints.	Served with Rice.	£5.65
Burger in a Bowl or Classic Burger. Served with homemade slimming chips.	B only if you opt for a Brown roll. ½ A if you opt for Cheese.	Served with Salad. Cheese & Bacon can be added on request. Homemade burgers using only lean meat.	£6.25
Chilli con Carne (A mild chilli made with kidney beans, using lean mince)	Made for Saints.	Served with salad and rice or Jacket Potato.	£5.65
Cottage Pie Veggie option available.	Made for Saints. Served with cheese on top.	Served with an array of seasonal vegetables and homemade fat free gravy.	£5.65
Cheeseburger Pasta. (A pasta bake using mince, mustard and gherkins to give it that cheeseburger taste)	Served with cheese on top.	Made using 30% less fat cheese, mustard and pickles.	£5.65
OAP Special Meal of the Day See blackboard for details	Made for Saints	Served with fresh local vegetables. Rice, Salad or Jacket Potato.	£6.25 includes drink and cake/pudding





Children & smaller Appetites (Served from 12pm) Includes free squash

Make Your Own Wrap Finger food	WW wrap, Cheese or Ham.	Served with crudités of fruit and vegetables.	£2.95
Children's Homemade Burger. With or without bun.	Homemade burgers With or without cheese.	Served with homemade chips and salad.	£3.25
Smaller portions of any of the adult classics.	Suitable for children or those with a smaller appetite.	All freshly prepared using local produce.	£3.95

Cakes & Beverages Takeaway cakes available

Range of freshly prepared cakes for the Saint or Sinner. Drink & Cake £3.65	Coffee Cafetière Served with milk on the side (We only use BOB milk or Skimmed) Medium: £1.95 Large for 2: £2.65	Skinny Coffees. Latte or Cappuccino. From 2.5 Sinners. £1.95 Skinny syrups available add 50p for a shot.	Speciality Teas and Traditional Tea Pots. Range of fruit and specialised teas available. £1.95	Options Hot Chocolate. Plain: £1.50 Cream & Marshmallows: £2.25
Soft Drinks from £1.25 (Cola, Diet Cola, Diet Lemonade & Slimline Tonic)	Squash (Orange/Apple & Blackcurrant) Individual Glass 65p Jug with beakers £1.95	Range of alcoholic drinks only served after 12:00pm Over 18s only See Blackboard for details	Tap Water.... Free!	Fruit Bowl 50p per item





Nicky's Themed Banquets (Every Friday & Saturday) from January 2019

3 Courses £16.99 (Set Banquet Style Menus)

(NB: Themes rotate – please check the blackboard for this week's theme)

Turkish Kebab	A variety of different skewered kebabs. Greek, Tikka, BBQ and Chinese.	Served with a range of homemade dips, Mexican fried rice and salad.	Vegan and Vegetarian options available. All super Saintry and Guilt Free.
Chinese Fakeaway	Popular Chinese meals on offer from; chow mien, crispy beef & lemon chicken.	All served with egg fired rice, noodles and special fried rice.	All super Saintry. Add Sinners for the prawn crackers.
Mexican Extravaganza	Enchiladas, chilli con con-carne and fajitas.	Served with Mexican fried rice, salad and WW wraps.	A choice for cheese and B choice for WW wrap. Super Saintry!
Indian Banquet	A banquet of Indian cuisine. A variety of curries to sample.	Served with pilau rice, homemade naans and poppadoms.	3 Sinners per naan and per portion of poppadoms.
Pride of British	A selection of popular 'British Meals'. Traditional meals that you will remember from childhood and school.	Served with locally sourced, fresh seasonal vegetables.	Saintry gravy will be on offer. All very Saintry indeed.
Steak Stash	Locally sourced 8oz steak cooked the way you want it.	Served with jacket potato, bacon onion rings, tomato and salad.	Totally Saintry. Please add £2.50 for steak night to the main meal prices.
Burger Bash	Handmade burgers. Range of bunless burgers, burger in a bowl and chicken burgers.	Served with homemade twice cooked wedges. Fried rice and salad.	Vegan and vegetarian burgers on offer. Add B for your bun and add A for your cheese. Otherwise Super Saintry.
Challenge Nicky Night	The first customer to ring up and book for this evening will get the choice of theme for the night. It will be then up to Nicky to design the menu! Let's... Challenge Nicky!!!!		
Eat all you like Night	All you can eat night.... This will be a buffet style menu, with a range of kebabs, curries and pastas. Eat as much of as you would like. Please add £2.50 for this evening to the main meal prices.		





Nicky's Famous Gin cocktails

Buy 1 and get 1 half price every Friday and Saturday night... (only when purchased at the same time) – cheapest half price

Candy Floss Fizz	Pink Gin, fizz and candy floss topper.	£5.25
Cherry Bakewell	Gin, tonic, almond essence, almonds and glacier cherries.	£4.95
Rhubarb Crumble	Rhubarb and Ginger Gin, with fresh ginger and a biscuit crumble topping.	£4.75
Lemon & Lime Gimlet	Gin mixed with lemon & lime cordial, served with tonic.	£4.75
Raspberry & Black Pepper	Infused with raspberry gins, frozen berries and black pepper corns.	£4.95
Make your own...	2 measures of any spirit with a choice of fillings....!	£5.00
The Classic!	Straight up G&T	£4.25

(25ml measures used for 3* Sinners. Unless otherwise requested slimline tonic will be used)

And from the bar...prices start from £2.95

Bottled Beer £3.95	Real Ales £3.95	Bottled Lager £3.50	Fruit Cider £3.50
House White	House Rose	House Red	Featherweight (15
187ml bottles £3.95	187ml bottles £3.95	187ml bottles £3.95	Sinners per bottle)
750ml bottle: £12.25	750ml bottle: £12.25	750ml bottle: £12.25	750ml bottle: 12.25
Whiskey Cocktails from £4.25	Can of Low Alcohol Lager £2.95	Spirits and mixers (Whiskey, Rum, Martini & Vodka)	Tap Water..... Free
	Can of JD & Coke £2.95	Singles £2.95	Mixers & Soft Drinks £1.25
		Doubles £4	

FREE FOOD FRIDAY : Every Friday from 5-7pm enjoy a cold beer or drink afterwork and free nibbles brought to your table. Including local cheeses, meats and haslet.

COCKTAIL OFFER: Buy one get one cocktail half price every Friday and Saturday night between 5-7pm





**10% Discount for
Slimming Club
Members on food
orders**

**Slimming Club
Friendly Menu**

